

SMALL GROUP KAP FOR Healthcare Professionals

Is Group KAP a good fit?

You don't have a history of psychosis or bipolar mania

You have the time, energy, and interest to be an engaged, open-hearted, and consistent participant in a weekly small group

You're interested in learning more professionally about ketamine assisted therapy

Your life is stable enough now to allow you to commit to a group process that counts on your being fully present and open-hearted each week

You don't currently have uncontrolled high blood pressure

You are not currently pregnant

You are able to attend in-person ketamine sessions in Lansing, Iowa

You have reliable internet for zoom groups

You're struggling with inner conflict, depression, trauma, existential distress, burnout, going through a transition and looking for other options besides daily medication
