

GROUP KETAMINE ASSISTED PSYCHOTHERAPY AT DRIFTLESS INTEGRATIVE PSYCHIATRY

Group KAP is a good fit for you if...

You don't have a history of psychosis or bipolar mania

Your life is stable enough now to allow you to commit to two ketamine sessions as well as preparation, and integration sessions including two trips to Lansing, Iowa

You don't currently have uncontrolled high blood pressure

You are not currently pregnant

You're currently going through a transition, experiencing depression, existential distress, or inner conflict

You are comfortable lying on the floor with blankets for 2-3 hours

You are comfortable in group settings
